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Measuring template Nursing Care

Diabetic shoes EU 35–46 · Instructions, page A and B

1 Print correctly

In the print dialogue choose "Actual size" or "100 %" – not "Fit to page".
Then check with the card and the 10 cm bar below. If they do not match, every measurement will be wrong.

2 Prepare the template

Cut exactly along the dashed line below the heel cup.
Place the cut edge flush against a wall, with the sheet on a hard floor (no carpet).

3 Measure standing up

Put your heel against the wall, weight on both feet – when standing, the foot is up to 5 mm longer.
If you cannot stand safely: sit, knee straight above the foot, press gently on the knee.
Measure wearing the socks you will wear in the shoe. Best measured in the afternoon.

4 Mark the longest toe

Hold the pen upright and mark in front of the longest toe – it is not always the big toe.
Toes must not be curled: stroke briefly over the top of the foot, then mark.

5 Read off the size

Measure both feet, the longer one counts. Field = size, on the line: the next larger field.
First cut page A at the top and glue its edge exactly onto the line on page B.

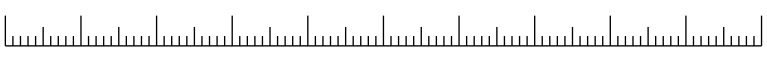
Foot width Y in mm (at the widest point of the ball of the foot)

Size	Foot length X	Women Y	Men Y	Men XL Y	A extra wide	B wide	C normal
35	227	96					
36	233	97					
37	239	98					
38	246	100					
39	252–253	101	104	105	108	105	101
40	259–260	103	105	106	109	106	102
41	265–267	105	106	107	110	107	103
42	272–273	106	107	108	111	107	103
43	278		108	110	113	109	104
44	285		109	111	114	110	105
45	291		111	113	115	111	106
46	298		112	114	116	112	107

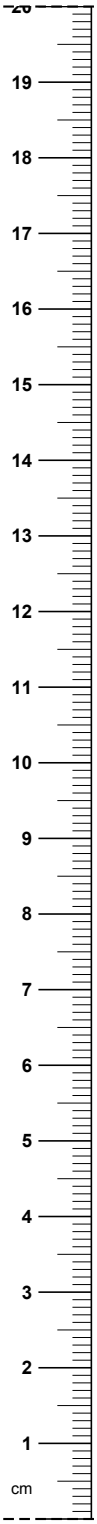
Measuring width: trace the outline of the foot with an upright pen, measure the widest point with the MOVINEA tape.
If the width is between two foot shapes, choose the wider one. With swelling or bandages: please ask us first.

Print check

A bank or health insurance card
must fit exactly into this frame.
If not: print again at "Actual size"
or 100 %.



Page A – cut here and glue onto the line on page B



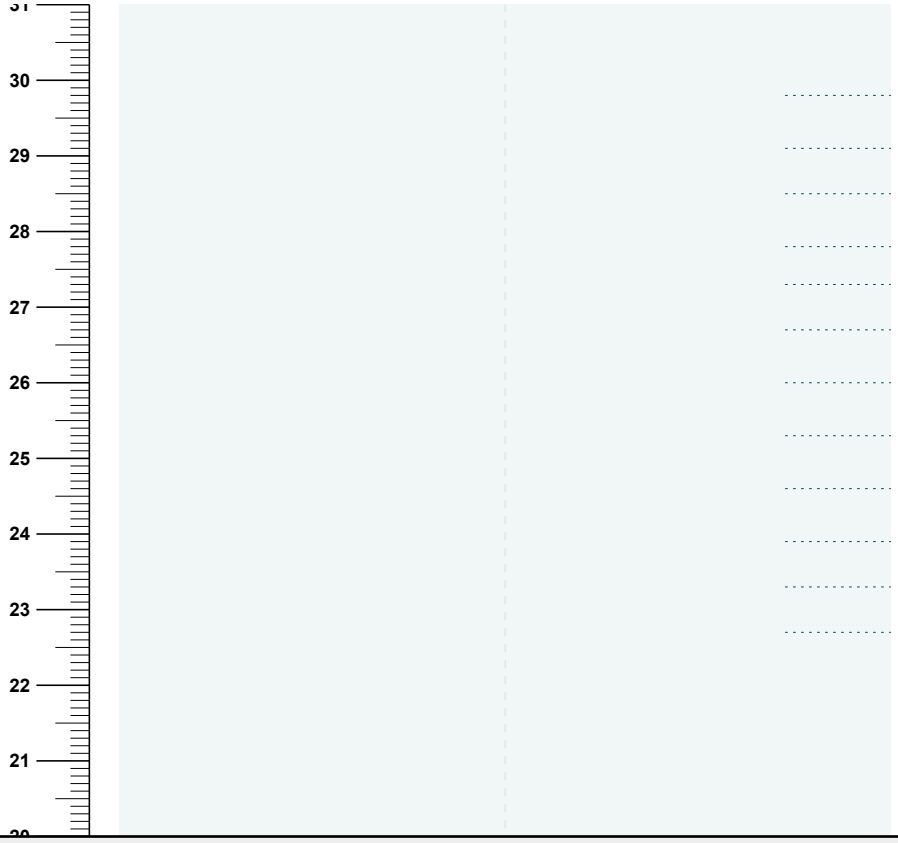
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Measuring template Nursing Care

Cut exactly here – this edge against the wall, heel against the wall

Measuring template Nursing Care · Page B

Reading the size: field = size, on the line take the next larger field. Yellow = model variation.



EU 46 Foot up to 29.8 cm
EU 45 · 29.1
EU 44 Foot up to 28.5 cm
EU 43 · 27.8
EU 42 · 27.3
EU 41 Foot up to 26.7 cm
EU 40 Foot up to 26.0 cm
EU 39 Foot up to 25.3 cm
EU 38 Foot up to 24.6 cm
EU 37 · 23.9
EU 36 · 23.3
EU 35 · 22.7

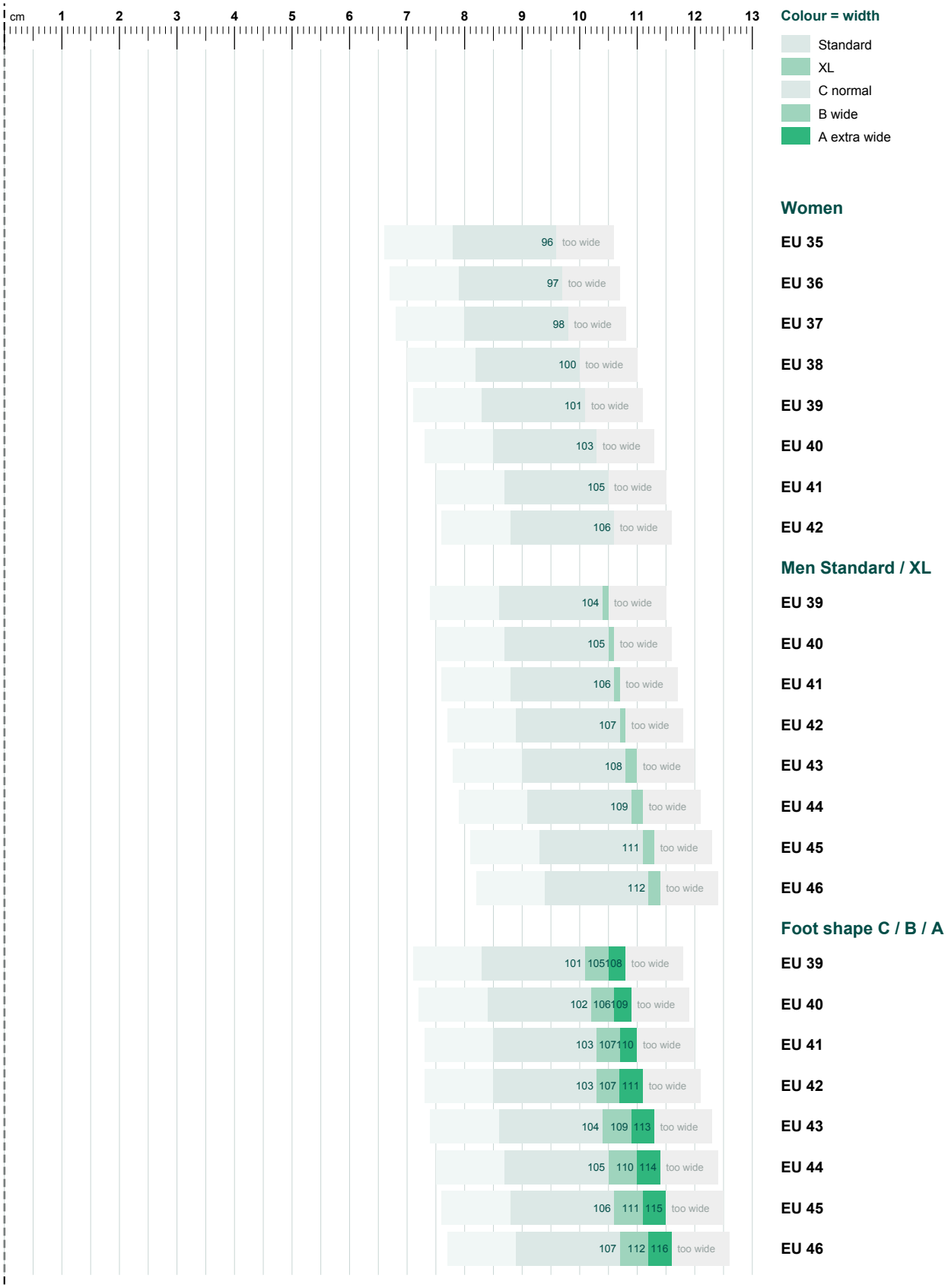
Page B – line = 20 cm

Glue area – lay page A from below up to the line and glue it down

Width template Nursing Care

Measuring width · outer side of the foot against the wall · scale 1:1

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1 Cut along the dashed line on the left and place the edge against a wall.

2 Stand sideways to the wall: outer side of the foot (little-toe ball and heel) against the wall, the other leg stays free.
If you cannot stand safely: measure sitting, knee straight above the foot, press gently on the knee.

3 Mark the inner side at the widest point (big-toe ball) with the pen held upright.

4 Remove the foot and, with a ruler, draw a line through all rows along the vertical guide lines.

5 Read in the row of your size: the colour under the line is your width (number = up to mm). Grey = please ask us first.

Standard/XL = model groups according to Nursing Care, C/B/A = foot shapes (Gentle). Between two widths: choose the wider one.